



# ORIENTATION AND SAFETY TALK

Note: Please use your discretion and experience to cover all the important things below. Especially those unique to your cleanup site.

1. **COLLECT** Liability Waivers – one for each person.
2. **Welcome** to the annual National CleanUp Day This month, MILLIONS of other volunteers like you are working together around the world to celebrate World Cleanup Day and National CleanUp Day. Our mission is to help care for our environment. This helps keep plants, animals, fish, and people safer and healthier. Today, we are gathered to remove litter and trash. Tomorrow, we ask that you **CONTINUE** to reduce waste and litter in the environment and Adopt ONE Place.
3. **What** would happen **EVERYONE** picked up at least **one piece of litter each day**?

## SAFETY FIRST

1. **Be Safe. Your safety is first.**
  - a. Two people make a team.
  - b. Wear Gloves & closed toe shoes
  - c. Bring a hat, sunscreen & Water
  - d. Watch your footing
  - e. If it's too heavy, get help
  - f. Children must have adult supervision
2. **Keep the environment safe**
  - a. Vegetation is sensitive.
  - b. Wildlife is best kept wild.
3. **What to remove**
  - a. Trash and Litter (Tiny to Large. Just human created though)
  - b. Recyclables
4. **What to leave**
  - a. Nature
  - b. Hazardous Stuff (mark it & see Site Captain)
    - i. Homeless encampments  
Be non-confrontational
    - ii. Dead animals
    - iii. Syringes, needles, hazardous materials
5. Additional Site Specific:

## MORE INFO

### Unusual Find?

Take a picture and bring it back here (if safe)

### Return

Filled Bags: \_\_\_\_\_  
(here or to your designated location)

Be Back Here By: \_\_\_\_\_

Notes:

# THANKS SO MUCH!



Additional Notes:

## POST CLEANUP INFORMATION

1. Dispose of trash, litter, and recyclables appropriately
2. Report your results at [www.nationalcleanupday.org](http://www.nationalcleanupday.org)
3. Share photos and videos on social media with #nationalcleanupday or #worldcleanupday
4. Contact your local media with your results
5. Ask people to further engage with Adopt **ONE** Place
  - a. Pick a place & let us know
  - b. Clean it weekly for 2 months (15-30 minutes)
  - c. River, lake, trail, beach, neighborhood, park
  - d. Register at [www.AdoptOnePlace.org](http://www.AdoptOnePlace.org)

“Insanity is doing the same thing over and over and expecting different results.” - Albert Einstein

**So, do something different – because ‘Clean Places Stay Cleaner!’**